

Well-child checks schedule

Mom-to-be consultation

- Practice information packet
- Breastfeeding and newborn classes handout
- Normal newborn handout

2-3 days (after leave hospital)

- Physical exam and vitals
- Weight check
- Jaundice check (if needed)
- Feeding assessment
- Normal newborn handout
- Review newborn record

10-14 days old

- Physical exam and vitals
- Newborn screen #2
- Weight check
- Anticipatory guidance handout
- Sleep handout

1 month old

- Physical exam and vitals
- Anticipatory guidance handout
- Oral health handout
- Lead screen
- SIDS handout

2 months old

- Physical exam and vitals

- Immunizations: Pediarix, Hib, Prevnar, Rotateq
- Anticipatory guidance handout

4 months old

- Physical exam and vitals
- Immunizations: Pediarix, Hib, Prevnar, Rotateq
- Anticipatory guidance handout
- Starting solids handout

6 months old

- Physical exam and vitals
- Immunizations: Pediarix, Hib, Rotateq, flu vaccine (in season)
- Lead screen questionnaire
- Anticipatory guidance handout

9 months old

- Physical exam and vitals
- Immunizations: flu vaccine (in season)
- Developmental screening
- Anticipatory guidance handout

12 months old

- Physical exam and vitals
- Immunizations: Hep A#1, MMR, Varicella, flu vaccine (in season)
- Anemia check
- Lead screen questionnaire
- Anticipatory guidance handout

15 months

- Physical exam and vitals
- Immunizations: Hib, DTap, Prevnar, flu vaccine (in season)
- Anticipatory guidance handout

18 months

- Physical exam and vitals
- Immunizations: HepA #2, flu vaccine (in season)
- Autism screen
- Anticipatory guidance handout

2 years

- Physical exam and vitals
- Immunizations: flu vaccine (in season)
- Autism screen
- Lead screen questionnaire
- Anticipatory guidance handout

2.5 years

- Physical exam and vitals
- Immunizations: flu vaccine (in season)
- Developmental Screening
- Anticipatory guidance handout

3 years

- Physical exam and vitals including blood pressure check
- Vision check
- Lead screen questionnaire
- Immunizations: flu vaccine (in season)
- Anticipatory guidance handout

4 years

- Physical exam and vitals including blood pressure check
- Immunizations: Kinrix (DTap/IPV), MMR, Varicella, flu vaccine (in season)
- Vision check
- Hearing check
- Lead screen questionnaire

- Anticipatory guidance handout

5-10 years

- Physical exam and vitals including blood pressure check
- Immunizations: flu vaccine (in season)
- Vision check
- Hearing check
- Lipid panel if needed
- Chapter book/reading handout
- Anticipatory guidance handout

11 years

- Physical exam and vitals including blood pressure check
- Vision check
- Hearing check
- Immunizations: Tdap, Menactra, HPV x3 doses, flu (in season)
- Anemia check (menstruating females)
- Lipid panel if needed
- Adolescent screening
- Anticipatory guidance handout

12-18 years

- Physical exam and vitals including blood pressure check
- Immunizations: Menactra (at age 16), flu (in season)
- Anemia check (menstruating females)
- Lipid panel if needed
- Adolescent screening
- Anticipatory guidance handout