Plan For It Halloween Emergency Checklist

Halloween is one of the top holidays for children’s emergency room visits. Be prepared for Halloween emergencies by making sure you are able to check off these 10 important items. Life happens. Plan for it.

- Make sure costumes are easily visible at night and nonflammable.
- Avoid costume elements that impair vision and props that are long or sharp.
- Don’t wear long, loose costumes that could become a tripping hazard.
- When pumpkin carving, do not carve in a direction towards any part of your body.
- Only use tools made for carving, and keep them and your hands dry during use.
- Use glow sticks or pumpkin lights instead of candles.
- Always accompany young children when trick-or-treating.
- Carry along a flashlight to avoid obstacles, decorations, or holes along the path.
- Walk along well-lit, open sidewalks, and look both ways before crossing the street.
- Have an adult check candy for allergens, expiration, or tampering.

CHI St. Luke’s Health

Emergency Services
Visit PlanForIt.org for more emergency resources.