Wash Your Hands Like You’re On a One-Horse Open Sleigh!

Sing “Jingle Bells” as you follow these steps.

1. Wet your hands.
2. Add soap.
3. Rub palms together.  
   *Jingle bells, jingle bells*
4. Scrub between fingers.  
   *Jingle all the way*
5. Don’t forget the backs!  
   *Oh, what fun it is to ride on a one-horse open sleigh*
6. And your thumbs.  
   *Jingle bells, jingle bells*
7. Scrub under fingernails.  
   *Jingle all the way*
8. And your wrists.  
   *Oh, what fun it is to ride on a one-horse open sleigh*
9. Rinse with water.
10. Dry with a towel.

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