

First Down Salsa

1 15 ounce can no added salt black beans, rinsed and drained
1 ½ cups frozen corn (or 15 oz. can)
1 large tomato, diced
1 4 oz. can sliced black olives, drained
½ cup diced roasted red bell pepper
½ lime, juiced
1 TBSP cilantro paste or 2 TBSP chopped cilantro
1 TBSP olive oil
1 tsp. sugar (optional)
½ teaspoon ground cumin
1 ½ cup Monterey Jack cheese

Directions:

Combine all ingredients in a large bowl, except cheese. Chill for 1-2 hours, Stir in cheese just before serving.