

First Down Salsa

1 15 ounce can no added salt black beans, rinsed and drained

1 ½ cups frozen corn (or 15 oz. can)

1 large tomato, diced

1 4 oz. can sliced black olives, drained

½ cup diced roasted red bell pepper

½ lime, juiced

1 TBSP cilantro paste or 2 TBSP chopped cilantro

1 TBSP olive oil

1 tsp. sugar (optional)

½ teaspoon ground cumin

1 ½ cup Monterey Jack cheese

Directions:

Combine all ingredients in a large bowl, except cheese. Chill for 1-2 hours, Stir in cheese just before serving.