

## **Garlic Herb Bread on the Grill**

Serving Size: 1 (3½inch) piece

Serves: 8

### **Ingredients:**

3 tablespoons olive oil  
1 clove fresh garlic, minced  
2 tablespoons fresh oregano, finely chopped  
2 tablespoons fresh thyme, finely chopped  
1 French baguette, sliced lengthwise in half  
Grated parmesan and coarse black pepper to garnish

### **Directions:**

Combine the oil, garlic and herbs in a small mixing bowl. Brush the bread with the oil mixture. Grill until slightly browned. Garnish with parmesan and black pepper. Slice into six servings and serve.

### **Exchanges per serving:**

½ Starch, 1 Fat

### **Nutrients per serving:**

Calories: 83

Calories from fat: 47

Total Fat: 5g

Cholesterol: 0mg

Sodium: 78mg

Total Carbohydrate: 8g

Dietary Fiber: 1g

Protein: 2g