Lemon Cream Pie

Serving Size: 1 slice Serves: 8

Ingredients

- 2 eggs, at room temperature
- 3 tablespoons lemon juice
- 2 tablespoons margarine, melted
- 2 teaspoons lemon zest
- 3 drops yellow food coloring (optional)
- 1 cup cold water
- 6 tablespoons sugar
- 3 tablespoons cornstarch
- 3 packets Splenda sugar substitute
- ½ teaspoon salt
- 1 graham cracker crust
- 1 cup sugar free, fat free, whipped topping

Directions

Separate eggs and discard the whites.

Mix lemon juice, margarine, lemon peel and food coloring in a small bowl.

In a medium saucepan, combine water, sugar, cornstarch, Splenda and salt. Whisk until smooth. Heat over medium-high heat, whisking until mixture begins to boil. Reduce heat to medium. Boil 1 minute, stirring constantly; remove from heat.

Stir ¼ cup hot sugar mixture into egg yokes; whisk until blended. Slowly whisk egg yoke mixture back into hot sugar mixture. Cook over medium heat 3 minutes, whisking constantly. Remove from heat. Stir in lemon juice mixture until blended. Pour into graham cracker crust and chill.

Top with whipped topping and serve.

Exchanges per serving:

1 Starch, 1 Fruit, 2 Fats

Nutrients per serving:

Calories: 223

Calories from fat: 96

Total Fat: 11g Saturated Fat: 3g Cholesterol: 52mg Sodium: 1157mg Carbohydrate: 31g Dietary Fiber: 0g

Protein: 2g