

Holiday Bubble Checklist

How to Celebrate Safely With Extended Family

To Do Today

- ❑ Get flu shot
- ❑ Hold family meeting*
- ❑ Take the pledge below
- ❑ Identify bubble location
- ❑ Order eye protection if flying*
- ❑ Check travel restrictions for destination

2 Weeks Before Gathering

- ❑ Quarantine if possible*
- ❑ Follow prevention protocol*
- ❑ Check temperature and symptoms daily
- ❑ Buy non-perishables

5-7 Days Before Gathering

- ❑ Get a PCR COVID-19 test
- ❑ Gather your travel supplies*
- ❑ Check travel restrictions again
- ❑ Get perishable groceries delivered

In Transit

- ❑ If driving, bring snacks and limit road stops
- ❑ If flying, wear protective gear at all times and follow precautions*

In the Bubble

- ❑ Consider vulnerable members*
- ❑ Confirm participant adherence before entry

*Find more detailed information at StLukesHealth.org/HolidayBubble.

I, _____, pledge to follow these guidelines to help ensure a safe holiday gathering.

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